

New submission from AE Reporting form



From gr@asiantherapies.org <gr@asiantherapies.org>
To <gr@asiantherapies.org>
Date 2022-02-12 20:30

Traditional Herbal Medicine Adverse Event related to:

- Food-Herbs interaction

1. Patient INITIALS

AJ

2. Patient age

37

3. Patient gender

- Female

4. Patient Weight in pounds

135 pounds

5. Race

- White

6. Date of Adverse Event (AE)

08/2015

7. (AE) reported

- Other

8. Description of other symptoms associated with AE

Tunnel vision, panic attack

9. Laboratory test changes, include name and reference range

None

10. Other Relevant History, Including Preexisting Medical Conditions

The original complaint to seek TCHM - anxiety

11. Medications taken concurrently

None

12. Supplements taken concurrently

Multi vitamin (Sentrum),

Omega 3 (Nordic Naturals)

13. Known Allergies

None

14. Product acquisition source

- Custom 5:1 Granule TCHM formula compound & dispensed by 3rd party compounding party

15. Product Manufacturer Name and website

KPC. <https://www.kpc.com/>

16. Compounding Facility name and website

Crane Herb Pharmacy. <https://www.craneherb.com>

17. Suspected product name (If custom use "Classic Base Formula Name modified", e.g. Xiao Yao San modified)

Xiao Chai Hu Tang modified

18. Product Lot # if patent or Rx # if custom

Rx number: 123456

19. Daily intake dose in grams

2 grams 3 times a day

20 List all TCHM formula ingredients, include each ingredient amount & lot # if compounded in your office)

Chai Hu Bupleurum 柴胡 25.00%
Ban Xia (Zhi) Pinellia ginger-cured 半夏 15.00%
Huang Qin Scutellaria 黄芩 10.00%
Ren Shen (Hong) (5:1) Ginseng 人參 9.00%
Sheng Jiang Ginger (Fresh) 生薑 9.00%
Zhi Gan Cao Licorice (Baked) 炙甘草 5.00%
Da Zao (Hong) red Jujube - dates (Red) 大棗(紅) 9.00%
Bai He Lily Bulb 百合 9.00 %
Dang Gui (Shen) Tangkuei Root 當歸 9.00%

21. Form of the preparation

- Loose 5:1 granules measured at home

22. Date range of TCHM administered

7 weeks

23. How soon after start of TCHM intake AE appeared

20 min after 2nd daily dose intake

24 Patient complaint(s)

Abdominal discomfort, alternating bowels, alternating body temperature, irregular periods, fatigue - (3 small children), low-grade anxiety.

Tongue: Pink, thicker white coat.

Pulse: Thin, string-like.

25. Western Diagnosis

ICD-10: K30 Functional dyspepsia

26. TCM Pattern(s) (please use ICD11-Chapter 26 <https://icd.who.int/en>)

SF57 Liver qi stagnation pattern (TM1)

27. TM treatment principle

Relieve abdominal discomfort, promote smooth movement of Liver Qi, harmonize Liver and Spleen, calm the Mind.

28. Describe an Adverse Event

The day of the event was stressful and busy, did not have much food, had 3 Red Bull drinks on the go. Took 2nd portion of

29. Substance suspected cause interaction

Ren Shen (Ginseng)

30. Remediation measures taken

The Xiao Chai Hu Tang modified was stopped for a few days. The patient was monitored closely for a few days, no more panic, level of anxiety went back to base.

31. Concomitant Medical Therapy, including Dates

None

32. Comments

Ren Shen (Ginseng) is a known CNS stimulant most likely combination with caffeine in Red Bull has caused a panic attack with tunnel vision, which self resolved in about 30 min.

33. AE Reporter info: First & Last name, contact email

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I hereby agree that data entered will be stored electronically, and will be processed and used for reference and research purposes.

- I agree